

be friendly at school

At school learning is very important. But learning how to be a friend is one of the most important things at school and in your life. Sometimes it is hard to be friendly and it can also be hard to make friends, so being friendly at school can help you in many ways.

When you are friendly:

- You have more people to play with
- You like going to school more
- You have people to play with at school, after school, on weekends and on the holidays
- Other students will be friendly back to you

If you are not friendly:

- Other students might not want to play with you
- You might get into trouble
- You might be lonely
- Other students might not want to help you

➤ Why do you think it is important to be friendly at school?

There are many different ways to be friendly.

HELP OTHER STUDENTS. One good thing about friends is that they can help you when you need it, and you can also help them. Helping someone at school can allow you to get to know someone better and begin a friendship. When you help other students, you can also feel good about yourself.

SHARING is a good way to help others and also a good way to be friendly. If another student needs help by lending something that you have, remember that you can share – and when you share you can both be happy. When you share, if you need something one day, that person might share with you. You can also share things in the classroom and the playground.

In the playground, sharing a ball or a toy will enable you to play with other students. When you do play, it is important to remember to follow the rules of the game and to try to be fair, which is a friendly way to play.

Remember that no-one likes it when they are yelled at or called names – we all like it when people **SPEAK NICELY** to us, so it is very important to speak nicely to others. When you speak try to:

- 1) Use your manners
- 2) Look at the person
- 3) Speak slowly and not too loudly

When you do speak nicely to people, others will probably speak nicely to you too. Good friends speak nicely to each other most of the time.

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Even in big schools, some students have no-one to play with. This can be lonely and upsetting. Make sure that if someone wants to play a game with you or your group of friends that you say "yes". **INCLUDING OTHERS** is one of the best ways to be friendly.

It is unfair to leave people out of your game for no reason, so try to make sure that people are not left out – especially if they want to have someone to play with or talk to. Even if one of your friends does not want someone else to play – make sure that you say that they should be allowed. Even if another student has not been very nice, it is a good idea to give them another chance, so that they can get used to the game and they get used to being friendly. If someone else is not friendly, there is no reason why you should not still be a friendly person.

- **What ways can you be friendly at school?**
- **How do you feel when someone is not friendly?**
- **How do you feel when someone is friendly?**
- **Think of a time when you were friendly to someone.**
- **Think of a time when someone was friendly to you.**