

# Success

***This worksheet is a guide to promote discussion and thought about success using Think-Feel-Be resources***

Success is very personal and what one person describes as success may not be the same as what success is to another person. The time taken to achieve success may also vary considerably from a short time to a very long time (many years or a whole life-time!).

At one stage or another, all people have been successful at something. To continue being successful, remember your achievements, no matter how big or small.

What are 3 things that you have achieved in the past?

Keep a diary for 3 days about everything that you achieve in that time.

What are some key skills you have that will help you be successful? List 3.

Who are the key mentors or people that will help guide you to being successful?

How will you stay organised and manage your time effectively to help you be successful?

think  
feel  
be<sup>TM</sup>

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Choose 2 words from the Think-Feel-Be success poster that you do well and think about what helps you do these things well.

Choose 2 words from the poster that you would like to improve in, and plan how you could improve in these areas.

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