

# responsible

***This worksheet is a guide to promote discussion and thought about responsibility using Think-Feel-Be resources***

All people need to take responsibility for themselves and parts of their life at some time. Being responsible means following through with something you have said you would do, and doing things in a way you know to be right. Taking responsibility is not always easy, as it can sometimes require doing things that you would rather not do.

Write 3 reasons why you think responsibility is important.

Write 3 different things that you are responsible for.

Write 3 things that you started and finished (showed responsibility).

Choose 2 words from the Think-Feel-Be responsible poster that you do well and think about what helps you do these things well.

Choose 2 words from the poster that you would like to improve in, and plan how you could improve in these areas.

think - feel - be<sup>TM</sup>