

respect

This worksheet is a guide to promote discussion and thought about respect using Think-Feel-Be resources

Respect is an important quality to help you get along with and be accepted by other people. Respect is something that does not occur naturally. You have to earn respect from others.

What are 3 things that you could do to help get respect from each of the following groups?

a) Family

b) Friends

c) Teachers

Write 3 ways that you could show respect to people.

A behaviour to help earn respect is to think before you act. Thinking before you act can help you to make good decisions. Write down one time when you thought about something before you did it and how this helped you.

Write about a time when you did something without thinking and it did not work out very well for you.

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Write out 5 reasons why respect is a good thing in the following places:

a) At home

b) At school or work

c) With friends

d) At sport, music or in other activities that you do

Choose 2 words from the Think-Feel-Be respect poster that you do well and think about what helps you do these things well.

Choose 2 words from the poster that you would like to improve in, and plan how you could improve in these areas.

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