

# learning

***This worksheet is a guide to promote discussion and thought about learning using Think-Feel-Be resources***

Learning is something that starts from the moment you are born and continues for the rest of your life! It is something that should not be taken for granted and there are many things that you can do to help you learn more and faster.

Make a list of 3 things that you have learned in the past year.

What helps you to learn?

List 3 things that you would like to learn about.

List 3 mistakes that you have made that you learned from. Write what you learned from these mistakes.

think - feel - be<sup>TM</sup>

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Choose 2 words from the Think-Feel-Be learning poster that you do well and think about what helps you do these things well.

Choose 2 words from the poster that you would like to improve in, and plan how you could improve in these areas.

think - feel - be<sup>TM</sup>